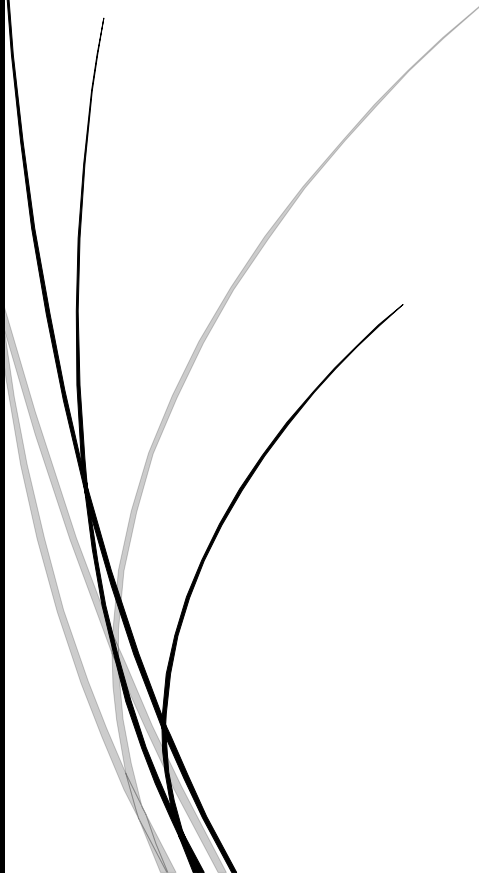


NOVEMBER 2020

Hamel's Meat Market

Product Catalogue



MISSION STATEMENT

Hamels Meat Market was established in Bonnyville, Alberta in 1929. This Butcher shop has had a long lifespan and was family owned and operated during this time. Recently, in April 2020, the business began operating under new ownership. Hamel's is locally known for top quality products and superior customer service and the new owners have a vision to share this tradition with the rest of Alberta. With our truly productive staff, we hope to maintain the Butcher shop for many years to come and are forever grateful for the amazing support of our fantastic long-time, new & future customers.

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STEAKS

Hamels
MEAT MARKET

<p>SKU#1 WESTERN CUT SIRLOIN</p>	<p>Description: Tenderized sirloin steak Product Form: Frozen Case Lot (approx. 12 pcs, 6-8oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#2 RIBEYE STEAKS, BONELESS</p>	<p>Description: Tenderized ribeye steak Product Form: Frozen Case Lot (approx. 6-8 pcs, 8-10oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#3 NEW YORK STEAKS, BONELESS</p>	<p>Description: Tenderized short loin steak Product Form: Frozen Case Lot (approx. 6-9 pcs, 8-10oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#4 BBQ STEAK</p>	<p>Description: Tenderized round steak Product Form: Frozen Case Lot (approx. 12 pcs, 6-8oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>

***NOTE: Tenderized beef should cook to at least 145°F internal temperature.**

STEAKS

Hamels
MEAT MARKET

<p>SKU#7 FLANK STEAK</p>	<p>Description: Cut from Abdominal muscle Product Form: Frozen Case Lot (approx. 3-5 pcs, 1-2lbs each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#9 TOP SIRLOIN STRIPS</p>	<p>Description: Tenderized top sirloin steak Product Form: Frozen Case Lot (approx. 12 pcs, 6-8oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#254 BEEF TENDERLOIN STEAK</p>	<p>Description: Tenderloin steak Product Form: Frozen Case Lot (approx. 12 pcs, 6-8oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>

***NOTE: Tenderized beef should cook to at least 145°F internal temperature.**

BEEF

Hamels
MEAT MARKET

<p>SKU#5 WHOLE BEEF TENDERLOIN</p>	<p>Description: Whole tenderloin Product Form: Frozen Case Lot (approx. 1 pcs, 3lbs) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#6 BEEF CUTLETS</p>	<p>Description: Tenderized eye of round slices Product Form: Frozen Case Lot (approx. 12-15 pcs, 2oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#12 50 MINUTE BEEF ROAST SEASONED</p>	<p>Description: Top sirloin cap roast Product Form: Frozen Case Lot (approx. 2-3 pcs, 2-3lbs each) Contains: Alberta Beef / seasoning salt Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#13 BEEF ROAST UNSEASONED</p>	<p>Description: Round roast Product Form: Frozen Case Lot (approx. 2-3 pcs, 2-3lbs each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>

***NOTE: Tenderized beef should cook to at least 145°F internal temperature.**

BEEF

Hamels
MEAT MARKET

<p>SKU#14 BEEF ROAST SEASONED</p>	<p>Description: Round roast Product Form: Frozen Case Lot (approx. 2-3 pcs, 2-3lbs each) Contains: Alberta Beef / Seasoning Salt Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#16 4-BONE BEEF CHUCK RIBS</p>	<p>Description: Rack of ribs cut from the chuck Product Form: Frozen Case Lot (1 pc approx. 5-6lbs pcs) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#17 TRIMMED BEEF BRISKET</p>	<p>Description: Fresh primal cut from the chest Product Form: Fresh (1 pc, 10-18lbs each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 4-6 weeks</p>
<p>SKU#17 TRIMMED BEEF BRISKET</p>	<p>Description: Frozen primal cut from the chest Product Form: Frozen (1 pc, 5-6lbs each) Contains: AA or higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>

BEEF

Hamels
MEAT MARKET

<p>SKU#18 STEWING BEEF CUBES</p>	<p>Description: Outside round beef cut into cubes Product Form: Frozen Case Lot (6-11b bags) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#19 CHINESE FONDUE MEAT</p>	<p>Description: Thinly sliced eye of round Product Form: Frozen (made to order) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#20 MEAT FOR ROULADEN</p>	<p>Description: Outside round cut into thin slices Product Form: Frozen (made to order) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#22 BEEF MARROW BONES</p>	<p>Description: Beef leg bones Product Form: Frozen pieces cut 4-6 inches long Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 6 months</p>

BEEF

Hamels
MEAT MARKET

<p>SKU#23 BEEF KABOBS</p>	<p>Description: Tenderized eye of round cut into cubes placed on skewers Product Form: Frozen Case Lot (10 pcs, 6oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#24 BEEF KABOBS SEASONED</p>	<p>Description: Tenderized eye of round cut into cubes, seasoned and placed on skewers Product Form: Frozen Case Lot (10 pcs, 6oz each) Contains: Alberta Beef / Seasoning Salt Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#25 SLICED BEEF FOR STIR FRY (UNSEASONED)</p>	<p>Description: Thinly sliced eye of round Product Form: frozen case lot (6 packages, 6oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#26 OX Tail</p>	<p>Description: Tail from a steer cow Product Form: Frozen Case Lot (4-5lbs) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>

BEEF

Hamels
MEAT MARKET

<p>SKU#27 SLICED BABY BEEF LIVER</p>	<p>Description: Thinly sliced beef liver Product Form: Frozen Case Lot (2.5 – 4lbs) Contains: AA or Higher Alberta Beef Liver Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 12 months</p>
<p>SKU#129 COOKED & SLICED ROAST BEEF TRAY (SMALL)</p>	<p>Description: Eye of round cooked and sliced with broth Product Form: Frozen Tray (feeds 6-8 people) Contains: AA or Higher Alberta Beef / Seasoning Salt Allergen Alert: Cook Instructions: From thawed or frozen, heat to desired temperature Shelf Life: 8 months</p>
<p>SKU#130 COOKED & SLICED ROAST BEEF TRAY (LARGE)</p>	<p>Description: Eye of round cooked and sliced with broth Product Form: Frozen Tray (feeds 30-35 people) Contains: AA or Higher Alberta Beef / Seasoning Salt Allergen Alert: Cook Instructions: From thawed or frozen, heat to desired temperature Shelf Life: 8 months</p>

- **NOTE: Roast Beef trays are fully cooked, heat times vary by oven**

GROUND MEAT

Hamel's
MEAT MARKET

<p>SKU#31 EXTRA LEAN GROUND BEEF (ALL BEEF)</p>	<p>Description: 90-95% Lean – 5-10% Fat Product Form: Frozen Case Lot (6pks, 11b each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#32 LEAN GROUND BEEF (ALL BEEF)</p>	<p>Description: 85-83% Lean – 15-17% Fat Product Form: Frozen Case Lot (6pks, 11b each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#33 REGULAR GROUND HAMBURGER (ALL BEEF)</p>	<p>Description: 75-70% Lean – 25-30% Fat Product Form: Frozen Case Lot (10pks, 11b each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#36 85% LEAN GOUND PORK</p>	<p>Description: 85% Lean – 15% Fat (Pork Shoulder) Product Form: Frozen Case Lot (6pks, 11b each) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature. Shelf Life: 12 months</p>

GROUND MEAT

Hamel's
MEAT MARKET

<p>SKU#37 55% LEAN GROUND PORK</p>	<p>Description: 55% Lean – 45% Fat (Belly Trim) Product Form: Frozen Case Lot (6pks, 11b each) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#39 PURE GROUND CHICKEN BREAST MEAT</p>	<p>Description: Ground chicken breast Product Form: Frozen Case Lot (6pks, 11b each) Contains: Pure chicken breast Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#40 GROUND TURKEY</p>	<p>Description: Ground turkey breast Product Form: Frozen Case Lot (6pks, 11b each) Contains: Pure ground turkey breast Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature. Shelf Life: 12 months</p>

HAMBURGER PATTIES

Hamel's
MEAT MARKET

<p>SKU#43 OLD FASHIONED ALL BEEF PATTIES (SMALL BOX)</p>	<p>Description: Fully seasoned homestyle burgers Product Form: Frozen Case Lot (12 pieces, 5oz each) Contains: Alberta Beef, Soda Crackers, Eggs, Green Onions, Salt, Pepper Allergen Alert: WHEAT & EGGS Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 12 months</p>
<p>SKU#44 OLD FASHIONED BEEF & PORK PATTIES (SMALL BOX)</p>	<p>Description: Fully seasoned homestyle burgers Product Form: Frozen Case Lot (12 pieces, 5oz each) Contains: Alberta Beef, Alberta Pork, Soda Crackers, Eggs, Green Onions, Salt, Pepper Allergen Alert: WHEAT & EGGS Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 12 months</p>
<p>SKU#45 LEAN ALL BEEF PATTIES</p>	<p>Description: Fully seasoned burger patties Product Form: Frozen Case Lot (16 pieces, 4oz each) Contains: Alberta Beef, Toasted Wheat Crumbs, Salt, Flour, Spice, Dextrose, Onion Powder Allergen Alert: WHEAT Cook Instructions: Cook to at least 160°F internal temperature. Shelf Life: 6 months</p>
<p>SKU#46 LEAN BEEF & PORK PATTIES</p>	<p>Description: Fully seasoned burger patties Product Form: Frozen Case Lot (16 pieces, 4oz each) Contains: Alberta Beef, Alberta pork, Toasted Wheat Crumbs, Salt, Flour, Spice, Dextrose, Onion Powder Allergen Alert: WHEAT Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 6 months</p>

HAMBURGER PATTIES

Hamels
MEAT MARKET

<p>SKU#49 NON-ALLERGEN (ALL BEEF) SQUARE PATTIES</p>	<p>Description: Non-seasoned all beef patties Product Form: Frozen Case Lot (20 pieces, 3-4oz each) Contains: AA or Higher Alberta Beef Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature. Shelf Life: 6 months</p>
<p>SKU#52 OLD FASHIONED CHICKEN PATTIES (CONTAINS PORK)</p>	<p>Description: Fully seasoned homestyle burgers Product Form: Frozen Case Lot (12 pieces, 5oz each) Contains: Pure chicken breast, Alberta pork, Soda Crackers, Eggs, Green Onions, Salt, Pepper Allergen Alert: WHEAT & EGGS Cook Instructions: Cook to at least 165°F internal temperature. Shelf Life: 12 months</p>

FRESH SAUSAGES

Hamels
MEAT MARKET

<p>SKU#53 SAUSAGE PATTIES (BEEF & PORK)</p>	<p>Description: Seasoned breakfast sausage patties Product Form: Frozen Case Lot (avg 40 slices) Contains: AA or Higher Alberta Beef, Alberta pork, Toasted Wheat Crumbs, Flour, Salt, MSG, Spice Allergen Alert: WHEAT Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 6 months</p>
<p>SKU#54 BREAKFAST SAUSAGE (PORK & BEEF)</p>	<p>Description: Breakfast style sausage Product Form: Frozen Case Lot (avg 48 pieces) Contains: AA or Higher Alberta Beef, Alberta Pork, Toasted Wheat Crumbs, Flour, Salt, MSG, Spice Allergen Alert: WHEAT Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 12 months</p>
<p>SKU#55 PRE-COOKED BREAKFAST SAUSAGE TRAY</p>	<p>Description: Breakfast style sausage Product Form: Frozen Case Lot (avg 48 pieces) Contains: AA or Higher Alberta Beef, Alberta Pork, Toasted Wheat Crumbs, Flour, Salt, MSG, Spice Allergen Alert: WHEAT Cook Instructions: heat through, pre-cooked Shelf Life: 6 months</p>
<p>SKU#56 SPICY ITALIAN SAUSAGE</p>	<p>Description: Breakfast style pork sausage (spicy) Product Form: Frozen Case Lot (36 pieces) Contains: Alberta Pork, Salt, Spice, Garlic Powder, Vegetable Oil Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature Shelf life: 12 months</p>

FRESH SAUSAGES

Hamel's
MEAT MARKET

<p>SKU#57 BRATWURST SAUSAGE</p>	<p>Description: Breakfast style pork sausage Product Form: Frozen Case Lot (36 pieces) Contains: Alberta pork, Eggs, Spice Allergen Alert: EGGS Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 12 months</p>
<p>SKU#58 CHORIZO SAUSAGE</p>	<p>Description: Breakfast style pork sausage Product Form: Frozen Case Lot (36 pieces) Contains: Alberta Pork, Salt, Spice Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 12 months</p>
<p>SKU#59 FARMERS SAUSAGE</p>	<p>Description: Breakfast style pork sausage Product Form: Frozen Case Lot (36 pieces) Contains: Alberta Pork, Salt, Pepper Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 12 months</p>
<p>SKU#212 BEEF SAUSAGE</p>	<p>Description: Breakfast style beef sausage Product Form: Frozen Case Lot (36 pieces) Contains: AA or Higher Alberta Beef, Toasted Wheat Crumbs, Flour, Salt, MSG, Spice Allergen Alert: WHEAT Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 12 months</p>

FRESH SAUSAGES

Hamels
MEAT MARKET

SKU#213

**PRE-COOKED
BREAKFAST
SAUSAGE**

Description: Breakfast style sausage

Product Form: Frozen Case Lot (avg 48 pieces)

Contains: AA or Higher Alberta Beef, Alberta pork, Toasted Wheat Crumbs, Flour, Salt, MSG, Spice

Allergen Alert: **WHEAT**

Cook Instructions: heat through, pre-cooked

Shelf Life: 12 months

PORK CHOPS

Hamel's
MEAT MARKET

<p>SKU#60 FAST FRY PORK CHOPS BONE IN</p>	<p>Description: ¼ - ½ inch thick chops Product Form: Frozen Case Lot (avg 30-36 pcs, 9-10lb case) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#61 CENTER CUT PORK CHOPS</p>	<p>Description: ¾ inch thick chops Product Form: Frozen Case Lot (avg 20-24pcs, 9-10lb case) Contains: Alberta pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#62 THICK CUT PORK CHOPS</p>	<p>Description: 1 inch thick chops Product Form: Frozen Case Lot (avg 20-24pcs, 9-10lb case) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#63 FAST FRY PORK CHOPS BONELESS</p>	<p>Description: ¼ - ½ inch thick chops Product Form: Frozen Case Lot (avg 25-30pcs, 5lb case) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>

PORK CHOPS

Hamel's
MEAT MARKET

<p>SKU#64 THICK CUT PORK CHOPS BONELESS</p>	<p>Description: 1-inch thick chops Product Form: Frozen Case Lot (avg 12-15pcs, 5lb case) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#66 SMOKED PORK CHOPS</p>	<p>Description: smoked ¾ inch thick chops Product Form: Frozen Case Lot (avg 12pcs, 4-5lb case) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>

PORK (ROAST/RIBS)

Hamel's
MEAT MARKET

<p>SKU#67 50 MINUTE PORK ROAST (NON-SEASONED)</p>	<p>Description: Pork sirloin roast Product Form: Frozen Case Lot (2-3 pcs, 2lbs each) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#68 50 MINUTE PORK ROAST (SEASONED)</p>	<p>Description: Pork sirloin roast Product Form: Frozen Case Lot (2-3 pcs, 2lbs each) Contains: Alberta Pork, Seasoning Salt Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#69 ROAST FOR PULLED PORK</p>	<p>Description: Pork shoulder Product Form: Frozen Case Lot (1pc, 10lb) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#70 BONELESS PORK ROAST NON-SEASONED</p>	<p>Description: Pork loin Product Form: Frozen Case Lot (2-3 pcs, 2-3lbs each) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>

PORK (ROAST/RIBS)

Hamel's
MEAT MARKET

<p>SKU#71 BONELESS PORK ROAST SEASONED</p>	<p>Description: Pork Loin Product Form: Frozen Case Lot (2-3 pcs, 2-3lbs each) Contains: Alberta Pork, Seasoning Salt Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#72 RACK OF PORK ROAST NON- SEASONED</p>	<p>Description: Pork Loin Product Form: Frozen Case Lot (1pc, 3-4lbs each) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#73 RACK OF PORK ROAST (SEASONED)</p>	<p>Description: Pork loin Product Form: Frozen Case Lot (1pc, 3-4lbs) Contains: Alberta pork, seasoning salt Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#75 BABY BACK PORK RIBS</p>	<p>Description: Pork back ribs/pork loin ribs Product Form: Frozen Case Lot (6-8 racks, 12-14oz racks) Contains: Alberta pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature. Shelf Life: 12 months</p>

PORK (ROAST/RIBS)

Hamels
MEAT MARKET

<p>SKU#76 DRY GARLIC RIBS</p>	<p>Description: Bite sized, bone-in, breaded, seasoned baby back ribs Product Form: Frozen Case Lot (3.5lbs) Contains: Alberta Pork, Pork breast rib portions, Water, Modified Corn Starch, Garlic Powder, Salt, Garlic Emulsion (water, propylene glycol, vegetable gum, polysorbate 80, garlic oil and other natural extractives) Sodium Phosphate, Autolyzed Yeast Extract, Fried in vegetable oil. Seasoning Packet: Salt, Spices Allergen Alert: Cook Instructions: Fryer: 350°F for 6 mins. Bake: 350°F for 25-30 mins. Cook to at least 145°F internal temperature. Shelf Life: 6 months</p>
<p>SKU#77 PORK BUTTON BONES</p>	<p>Description: Thin, flat strip of meat and round bone Product Form: Frozen Case Lot (4-5lbs) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#79 PORK NECK BONES</p>	<p>Description: Part of the hog's bone structure that goes from the top of the backbone to the shoulder Product Form: Frozen Case Lot (10lbs) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 6 months</p>
<p>SKU#80 SIDE PORK</p>	<p>Description: rindless or rind on pork belly Product Form: Frozen Case Lot (4-6lbs) Contains: Alberta pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>

PORK (ROAST/RIBS)

Hamels
MEAT MARKET

<p>SKU#81 PORK CUTLETS</p>	<p>Description: Tenderized pork sirloin slices Product Form: Frozen Case Lot (4-5lbs, 2oz each) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 6 months</p>
<p>SKU#82 BREADED PORK CUTLETS</p>	<p>Description: Tenderized pork sirloin slices Product Form: Frozen Case Lot (4-5lbs, 2oz each) Contains: Alberta Pork, Breading, Salt, Pepper, Paprika Allergen Alert: WHEAT Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 6 months</p>
<p>SKU#83 PORK KABOBS</p>	<p>Description: Tenderized pork sirloin cubes on skewers Product Form: Frozen Case Lot (10 pcs, 6oz each) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#84 PORK SOUVLAKI KABOBS</p>	<p>Description: Tenderized pork sirloin cubes seasoned on skewers Product Form: Frozen Case Lot (10 pcs, 6oz each) Contains: Alberta Pork, Salt, Spice, Lemon Juice, Sugar, Onion Powder, Garlic Powder, Vegetable Oil. Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>

PORK (ROAST/RIBS)

Hamel's
MEAT MARKET

<p>SKU#86 PORK HOCKS SKIN ON</p>	<p>Description: The joint between the tibia/fibula and the metatarsals of the foot of a pig Product Form: Frozen Case Lot (2-3 pcs, 1-2lbs each) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#87 PIG FEET</p>	<p>Description: Feet of the pig Product Form: Frozen Case Lot (12 halves) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#133 PULLED PORK TRAY (LARGE)</p>	<p>Description: Fully cooked & seasoned pork inside a foil tray Product Form: Frozen Tray (feeds 30-35 people) Contains: Alberta Pork, BBQ Sauce, Salt, Pepper, Chili Powder Allergen Alert: Cook Instructions: From thawed or frozen, heat to desired temperature Shelf Life: 6 months</p>
<p>SKU#134 PULLED PORK TRAY (SMALL)</p>	<p>Description: Fully cooked & seasoned pork inside a foil tray Product Form: Frozen Tray (feeds 6-8 people) Contains: Alberta Pork, BBQ Sauce, Salt, Pepper, Chili Powder Allergen Alert: Cook Instructions: From thawed or frozen, heat to desired temperature Shelf Life: 6 months</p>

- **Pulled Pork trays are fully cooked, heat times vary by oven**

PORK (ROAST/RIBS)

Hamel's
MEAT MARKET

<p>SKU#215 TRIMMED PORK TENDERLOIN</p>	<p>Description: A long thin cut of pork. The major muscle along the central spine portion Product Form: Frozen Case Lot (4-5 pcs, 8oz each) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to at least 145°F internal temperature Shelf Life: 12 months</p>
<p>SKU#299 STUFFED PORK LOIN</p>	<p>Description: Pork loin stuffed with ground pork Product Form: Frozen Case Lot (2 pcs, 3-4lbs each) Contains: Alberta Pork, Thyme, Rosemary, Salt, Pepper, Garlic Allergen Alert: Cook Instructions: Cook to at least 160°F internal temperature Shelf Life: 12 months</p>

CHICKEN

Hamel's
MEAT MARKET

<p>SKU#89 CHICKEN BREAST BONELESS SKINLESS</p>	<p>Description: Whole boneless skinless chicken breast Product Form: Frozen Case Lot (avg 5lb case, 8oz each) Contains: Alberta Chicken (not grass fed or free range) Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature Shelf Life: 6 months</p>
<p>SKU#91 CHICKEN THIGHS (SKIN ON)</p>	<p>Description: Skin on chicken thighs Product Form: Frozen Case Lot (avg 5lb case) Contains: Alberta Chicken (not grass fed or free range) Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature Shelf Life: 6 months</p>
<p>SKU#92 CHICKEN DRUMSTICKS</p>	<p>Description: skin on chicken drumsticks Product Form: Frozen Case Lot (avg 5lbs case) Contains: Alberta Chicken (not grass fed or free range) Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature Shelf Life: 6 months</p>
<p>SKU#95 WHOLE ROASTING CHICKENS</p>	<p>Description: Whole chicken Product Form: Frozen Whole Chicken (8-10lbs) Contains: Alberta Chicken (not grass fed or free range) Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature. Shelf Life: 6 months</p>

CHICKEN

Hamel's
MEAT MARKET

<p>SKU#97 CHICKEN KABOBS</p>	<p>Description: Cubed chicken on skewers Product Form: Frozen Case Lot (10 pcs, 6oz each) Contains: Alberta Chicken (not grass fed or free range) Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature Shelf Life: 12 months</p>
<p>SKU#98 CHICKEN SOUVLAKI KABOBS</p>	<p>Description: Cubed chicken on skewers Product Form: Frozen Case Lot (10 pcs, 6oz each) Contains: Alberta Chicken (not grass fed or free range), Salt, Spice, Lemon Juice, Sugar, Onion Powder, Garlic Powder, Vegetable Oil Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature Shelf Life: 12 months</p>
<p>SKU#101 CHICKEN CORDON BLEU</p>	<p>Description: Lightly breaded, chicken breast stuffed with cheese and ham Product Form: Frozen Case Lot (6 pieces, 8oz each) Contains: Chicken, Water, Toasted Wheat Crumbs, Smoked Ham, Processed Swiss Cheese, Modified Corn Starch, Wheat, Flour, Soy Protein Product, Corn Flour, Wheat Gluten, Salt, Dextrose, Baking Powder, Palm Oil, Defatted Soy Flour, Garlic Powder, Guar Gum, Onion Power, Spice Allergen Alert: WHEAT Cook Instructions: Cook to at least 165°F internal temperature Shelf Life: 12 months</p>
<p>SKU#217 CHICKEN WINGS (SPLIT & TIPPED)</p>	<p>Description: Split & tipped chicken wings Product Form: Frozen Case Lot (5lb) Contains: Alberta Chicken (not grass fed or free range) Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature. Shelf Life: 12 months</p>

TURKEY

Hamels
MEAT MARKET

<p>SKU#131 COOKED & SLICED ROAST TURKEY TRAY (LARGE)</p>	<p>Description: Fully cooked & carved turkey in a foil tray with broth Product Form: Frozen Tray (1 tray) feeds 30-35 people Contains: Turkey, Salt, Pepper, Onion Flakes Allergen Alert: Cook Instructions: From thawed or frozen, heat to desired temperature Shelf Life: 6 months</p>
<p>SKU#132 COOKED & SLICED ROAST TURKEY TRAY (SMALL)</p>	<p>Description: Fully cooked & carved turkey in a foil tray with broth Product Form: Frozen Tray feeds 6-8 people Contains: Turkey, Salt, Pepper, Onion Flakes Allergen Alert: Cook Instructions: From thawed or frozen, heat to desired temperature Shelf Life: 6 months</p>
<p>SKU#107 TURKEY BREAST ROAST</p>	<p>Description: Whole turkey breast Product Form: Frozen Case Lot (1-2 pcs, 2-4lbs each) Contains: Turkey Breast Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature. Shelf Life: 12 months</p>
<p>SKU#108 TURKEY BREAST STEAKS</p>	<p>Description: Turkey breast sliced into steaks Product Form: Frozen Cast Lot (avg 5lbs case, 6-8oz each) Contains: Turkey Breast Allergen Alert: Cook Instructions: Cook to at least 165°F internal temperature. Shelf Life: 12 months</p>

- **Cooked Turkey trays are fully cooked, heat times vary by oven**

TURKEY

Hamel's
MEAT MARKET

<p>SKU#203 SMOKED TURKEY WHOLE (SEASONAL)</p>	<p>Description: Whole smoked turkey fully cooked Product Form: Fresh (avg 8-10lbs) Contains: Turkey, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: Cook Instructions: Heat through or eat cold. Shelf Life: 4-6 weeks</p>
<p>SKU#204 SMOKED TURKEY WING (SEASONAL)</p>	<p>Description: Smoked turkey fully cooked Product Form: Fresh Contains: Turkey, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy protein, Sodium Erythorbate, MSG Allergen Alert: Cook Instructions: Heat through or eat cold. Shelf Life: 4-6 weeks</p>
<p>SKU#205 SMOKED TURKEY THIGH</p>	<p>Description: Smoked turkey fully cooked Product Form: Fresh Contains: Turkey, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: Cook Instructions: Heat through or eat cold. Shelf Life: 4-6 weeks</p>
<p>SKU#206 SMOKED TURKEY DRUM (SEASONAL)</p>	<p>Description: Smoked turkey fully cooked Product Form: Fresh Contains: Turkey, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: Cook Instructions: Heat through or eat cold. Shelf Life: 4-6 weeks</p>

SEAFOOD

Hamel's
MEAT MARKET

<p>SKU#113 COD LOINS</p>	<p>Description: Cod Loin Pieces Product Form: Frozen Case Lot (4-5lbs, 4-6oz each) Contains: Cod (Atlantic) Allergen Alert: Cook Instructions: Cook to an internal temperature of 145°F. Shelf Life: 12 months</p>
<p>SKU#115 PICKEREL FILLETS</p>	<p>Description: Pickerel Fillets Product Form: Frozen Case Lot (4-5lbs, 6-8oz each) Contains: Pickerel (Lake Manitoba) Allergen Alert: Cook Instructions: Cook to an internal temperature of 145°F. Shelf Life: 12 months</p>
<p>SKU#116 BASA FILLETS</p>	<p>Description: Basa Fillets Product Form: Frozen Case Lot (4-5lbs, 4-6oz each) Contains: Basa (Asia) Allergen Alert: Cook Instructions: Cook to an internal temperature of 145°F. Shelf Life: 12 months</p>
<p>SKU#118 WHOLE SALMON FILLETS</p>	<p>Description: Skin on salmon fillet Product Form: Frozen Whole Fillet (avg 1lb) Contains: Salmon Allergen Alert: Cook Instructions: Cook to an internal temperature of 145°F. Shelf Life: 12 months</p>

SEAFOOD

Hamel's
MEAT MARKET

<p>SKU#119 ATLANTIC LOBSTER TAILS</p>	<p>Description: Raw lobster tail Product Form: Frozen Case Lot (10lbs) (sizes vary) Contains: Lobster (Atlantic) Allergen Alert: SHELLFISH Cook Instructions: Cook to an internal temperature of 140°F. Shelf Life: 6 months</p>
<p>SKU#120 COOKED SHRIMP</p>	<p>Description: Cooked shrimp Product Form: Frozen Case Lot (2 – 1lb bags) Contains: Shrimp (unknown) Allergen Alert: SHELLFISH Cook Instructions: Heat to desired temperature, or eat cold Shelf Life: 6 months</p>
<p>SKU#121 RAW JUMBO SHRIMP</p>	<p>Description: Raw shrimp Product Form: Frozen Bags (2-2.5lbs) Contains: Shrimp (unknown) Allergen Alert: SHELLFISH Cook Instructions: Cook until an internal temperature of 120°F or a light pink color Shelf Life: 6 months</p>
<p>SKU#122 SCALLOPS</p>	<p>Description: Scallops Product Form: Frozen Case Lot (avg 20-30 pieces) Contains: Scallops (Atlantic) Allergen Alert: SHELLFISH Cook Instructions: Cook to an internal temperature of 120°F. Shelf Life: 12 months</p>

SEAFOOD

Hamels
MEAT MARKET

<p>SKU#123 BACON WRAPPED SCALLOPS</p>	<p>Description: Bacon wrapped scallops Product Form: Frozen Case Lot (20-25 pieces) Contains: Scallops (Atlantic), Bacon, Salt, Sugar, Spice Allergen Alert: SHELLFISH Cook Instructions: Cook to an internal temperature of 120°F Shelf Life: 6 months</p>
<p>SKU#124 MUSSELS</p>	<p>Description: Mussels Product Form: Frozen Bags (avg 11lb bag) Contains: Mussels (Europe) Allergen Alert: SHELLFISH Cook Instructions: Cook until shell opens Shelf Life: 6 months</p>
<p>SKU#126 ALASKAN KING CRAB</p>	<p>Description: Frozen whole king crab legs (pre-cooked) Product Form: Frozen Case Lot (avg 5lbs) Contains: Crab (Alaskan) Allergen Alert: SHELLFISH Cook Instructions: Steam until heated through Shelf Life: 6 months</p>
<p>SKU#200 SMOKED SALMON</p>	<p>Description: Smoked salmon fillet Product Form: Fresh Whole Fillet (avg 11lb) Contains: Salmon Allergen Alert: Cook Instructions: fully cooked Shelf Life: 4-6 weeks</p>

SEAFOOD

Hamel's
MEAT MARKET

<p>SKU#201 PEPPERED SMOKED SALMON</p>	<p>Description: Smoked salmon fillet Product Form: Fresh Whole Fillet (avg 1lb) Contains: Salmon Allergen Alert: Cook Instructions: fully cooked Shelf Life: 4-6 weeks</p>
<p>SKU#228 HALIBUT FILLETS</p>	<p>Description: Halibut fillet Product Form: Frozen Case Lot (4-5lb case, 8oz each) Contains: Halibut (Pacific) Allergen Alert: Cook Instructions: Cook to internal temperature from 120F-145F, according to desired doneness Shelf Life: 12 months</p>
<p>SKU#229 SHRIMP SKEWERS</p>	<p>Description: Raw Shrimp on skewers Product Form: Frozen Case Lot (12 pcs) Contains: Shrimp (unknown) Allergen Alert: SHELLFISH Cook Instructions: cook to an internal temperature of 120°F or a light pink color. Shelf Life: 6 months</p>

SMOKED SAUSAGE

Hamel's
MEAT MARKET

<p>SKU#145 HAM SAUSAGE</p>	<p>Description: Smoked ring sausage Product Form: Fresh (Individual) Contains: Alberta Pork, Salt, Sugar, Garlic Powder, Spice, MSG Allergen Alert: MILK (from casing) Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#146 HAM & CHEESE SAUSAGE</p>	<p>Description: Smoked ring sausage with cheese Product Form: Fresh (Individual) Contains: Alberta Pork, Cheese, Salt, Sugar, Garlic Powder, spice, MSG Allergen Alert: MILK (from casing) Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#147 GARLIC SAUSAGE</p>	<p>Description: Smoked ring sausage Product Form: Fresh (Individual) Contains: AA or Higher Alberta Beef, Alberta Pork, Buttermilk Powder, Salt, Spice, Dextrose, Garlic Powder, MSG, Vegetable Oil Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#148 GARLIC & CHEESE SAUSAGE</p>	<p>Description: Smoked ring sausage with cheese Product Form: Fresh (Individual) Contains: AA or Higher Alberta Beef, Alberta Pork, Cheese, Buttermilk Powder, Salt, Spice, Dextrose, Garlic Powder, MSG, Vegetable Oil Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>

SMOKED SAUSAGE

Hamel's
MEAT MARKET

<p>SKU#149 JALAPENO & CHEESE SAUSAGE</p>	<p>Description: Smoked ring sausage with cheese and jalapenos Product Form: Fresh (Individual) Contains: AA or Higher Alberta Beef, Alberta Pork, cheese, Jalapenos, Buttermilk Powder, Salt, Spice, Dextrose, Garlic Powder, MSG, Vegetable Oil Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#150 CHICKEN SAUSAGE</p>	<p>Description: Smoked ring sausage Product Form: Fresh (Individual) Contains: Alberta Chicken Breast, Alberta Pork, Salt, Sugar, Garlic Powder, Spice, MSG Allergen Alert: MILK (from casing) Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#151 FIRESIDE SAUSAGE</p>	<p>Description: Variety of smoked ring sausage cut into bite size pieces Product Form: Fresh (avg 2lb pkg) Contains: AA or Higher Alberta Beef, Alberta Pork, Alberta Chicken, Cheese, Jalapenos, Buttermilk Powder, Salt, spice, Dextrose, Garlic Powder, MSG, Vegetable Oil Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>

PEPPERONI

Hamel's
MEAT MARKET

<p>SKU#152 REGULAR PEPPERONI</p>	<p>Description: Smoked pepperoni sticks Product Form: Fresh (6-8 pcs) Contains: AA or Higher Alberta Beef, Alberta Pork, Salt, Flour, Spice, Milk, Dextrose, MSG, Vegetable Oil Allergen Alert: MILK & WHEAT Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#153 HONEY GARLIC PEPPERONI</p>	<p>Description: smoked pepperoni sticks Product Form: Fresh (6-8 pcs) Contains: AA or Higher Alberta Beef, Alberta Pork, Dextrose, Honey Powder, Salt, Spice, Soy Sauce Powder, Buttermilk Powder, Garlic, MSG Allergen Alert: MILK, SOY & WHEAT Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#154 SNACK STIX</p>	<p>Description: Smoked pepperoni sticks (mild) Product Form: Fresh (6-8 pcs) Contains: AA or Higher Alberta Beef, Alberta Pork, Salt, Sugar, Mustard, Garlic Allergen Alert: MUSTARD Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#155 HOT RODS</p>	<p>Description: Smoked pepperoni sticks (hot) Product Form: Fresh (6-8 pcs) Contains: AA or Higher Alberta Beef, Alberta Pork, Salt, Sugar, Mustard, Garlic, Allergen Alert: MUSTARD Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>

WIENERS

Hamel's
MEAT MARKET

<p>SKU#167 WIENERS MADE IN HOUSE</p>	<p>Description: Made in house wieners Product Form: Fresh (36 pcs) Contains: Alberta Pork, Breading, Salt, Spice, Frankfurter Seasoning Allergen Alert: WHEAT Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#168 WIENERS LACTOSE & GLUTEN FREE</p>	<p>Description: Made in house wieners (non-allergen) Product Form: Frozen Case Lot (36 pcs) Contains: Alberta Pork, Salt, Spice, Frankfurter Seasoning Allergen Alert: Cook Instructions: Fully Cooked Shelf Life: 12 months</p>
<p>SKU#169 JALAPENO & CHEESE WIENERS</p>	<p>Description: Made in house wieners with cheese & jalapenos Product Form: Frozen Case Lot (36 pcs) Contains: Alberta Pork, Jalapenos, Cheese, Salt, Spice, Frankfurter Seasoning Allergen Alert: WHEAT Cook Instructions: Fully Cooked Shelf Life: 12 months</p>

JERKY

Hamel's
MEAT MARKET

<p>SKU#156 ORIGINAL BEEF JERKY</p>	<p>Description: Sliced eye of round Product Form: Fresh (avg 1/2lb pk) Contains: AA or Higher Alberta Beef, Salt, Sugar, MSG, Hydrolyzed Plant Protein, Spice, Mustard, Yeast Extract, Garlic Powder, Vegetable Oil Allergen Alert: SOY & MUSTARD Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#157 PEPPERED BEEF JERKY</p>	<p>Description: Sliced eye of round Product Form: Fresh (avg 1/2lb pk) Contains: AA or Higher Alberta Beef, Salt, Pepper, Sugar, MSG, Hydrolyzed Plant Protein, Spice, Mustard, Yeast Extract, Garlic Powder, Vegetable Oil Allergen Alert: SOY & MUSTARD Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#158 SWEET & SPICY BEEF JERKY</p>	<p>Description: Sliced eye of round Product Form: Fresh (avg 1/2lb pk) Contains: AA or Higher Alberta Beef, Salt, Sugar, Spice, Onion Powder, Garlic Powder, Lemon Juice Allergen Alert: MILK & SOY Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#160 ORIGINAL PORK JERKY</p>	<p>Description: Ground & pressed pork sirloin Product Form: Fresh (avg 1/2lb pk) Contains: Alberta Pork, Salt, Sugar, MSG, Hydrolyzed Plant Protein, Spice, Mustard, Yeast Extract, Garlic Powder, Vegetable Oil Allergen Alert: SOY & MUSTARD Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>

JERKY

Hamel's
MEAT MARKET

<p>SKU#161 PEPPERED PORK JERKY</p>	<p>Description: Ground & pressed pork sirloin Product Form: Fresh (avg 1/2lb pk) Contains: Alberta Pork, Salt, Pepper, Sugar, MSG, Hydrolyzed Plant Protein, Spice, Mustard, Yeast Extract, Garlic Powder, Vegetable Oil Allergen Alert: SOY & MUSTARD Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#162 ORIGINAL TURKEY JERKY</p>	<p>Description: Ground & pressed chicken breast Product Form: Fresh (avg 1/2lb pk) Contains: Alberta Chicken Breast, Salt, Sugar, MSG, Hydrolyzed Plant Protein, Spice, Mustard, Yeast Extract, Garlic Powder, Vegetable Oil Allergen Alert: SOY & MUSTARD Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#163 PEPPERED TURKEY JERKY</p>	<p>Description: Ground & pressed chicken breast Product Form: Fresh (avg 1/2lb pk) Contains: Alberta Chicken Breast, Salt, Pepper, Sugar, MSG, Hydrolyzed Plant Protein, Spice, Mustard, Yeast Extract, Garlic Powder, Vegetable Oil Allergen Alert: SOY & MUSTARD Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#301 KOREAN STYLE JERKY</p>	<p>Description: Sliced eye of round Product Form: Fresh (avg 1/2lb pk) Contains: AA or Higher Alberta Beef, Honey, Corn Syrup, Salt, Brown Sugar, BBQ Sauce (Water, Brown Sugar, Soy Sauce(Water, Wheat, Soybeans, Salt, Sodium Benzoate), Rice Vinegar, Fresh and Dehydrated Garlic, Modified Corn Starch, Sesame Seed Oil, Salt, Sesame Seeds, Dehydrated Onions, Phosphoric Acid, Potassium Sorbate, Sodium Benzoate, Xanthan Gum) Allergen Alert: SOY Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>

SMOKIES

Hamel's
MEAT MARKET

<p>SKU#263 CHEESE SMOKIES</p>	<p>Description: Smokie style sausage with cheese Product Form: Fresh Case Lot (32 pcs) Contains: AA or Higher Alberta Beef, Alberta Pork, Cheese, Spice, Salt, Dextrose, MSG, Garlic Powder, Sodium Erythorbate Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#265 JALAPENO & CHEESE SMOKIES</p>	<p>Description: Smokie style sausage with cheese & jalapenos Product Form: Fresh Case Lot (32 pcs) Contains: AA or Higher Alberta Beef, Alberta Pork, Jalapenos, Cheese, Spice, Salt, Dextrose, MSG, Garlic Powder, Sodium Erythorbate Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#264 REGULAR SMOKIES</p>	<p>Description: Smokie style sausage Product Form: Fresh Case Lot (32 pcs) Contains: AA or Higher Alberta Bee, Alberta Pork, Spice, Salt, Dextrose, MSG, Garlic Powder, Sodium Erythorbate Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>

BACON

Hamel's
MEAT MARKET

<p>SKU#171 RINDLESS SLICED BACON</p>	<p>Description: Rindless smoked pork belly Product Form: Fresh Case Lot (5lbs) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Cook to desired doneness. Shelf Life: 4-6 weeks</p>
<p>SKU#173 SLICED BACON PIECES</p>	<p>Description: Smoked pork jowls Product Form: Fresh Case Lot (4lbs) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Cook to desired doneness. Shelf Life: 4-6 weeks</p>
<p>SKU#176 SLICED BACK BACON</p>	<p>Description: Smoked pork loin muscle Product Form: Fresh Case Lot (4-5lbs) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Cook to desired doneness. Shelf Life: 4-6 weeks</p>
<p>SKU#177 PIECE BACON REGULAR</p>	<p>Description: Rindless smoked pork belly Product Form: Fresh Slab (5-10lbs) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Cook to desired doneness. Shelf Life: 4-6 weeks</p>

BACON

Hamel's
MEAT MARKET

<p>SKU#182 WHOLE BACON REGULAR</p>	<p>Description: Rindless smoked pork belly Product Form: Fresh Slab (5-10lbs) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Cook to desired doneness. Shelf Life: 4-6 weeks</p>
<p>SKU#185 SMOKED PORK JOWLS</p>	<p>Description: Smoked pork jowls Product Form: Fresh (2-3lbs) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Cook to desired doneness. Shelf Life: 4-6 weeks</p>
<p>SKU#186 CHOPPED BACON ENDS</p>	<p>Description: Fine chopped bacon Product Form: Frozen Case Lot (4 – 1lb bags) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Cook to desired doneness. Shelf Life: 12 months</p>

HAM

Hamels
MEAT MARKET

<p>SKU#187 BLACK FOREST HAMS</p>	<p>Description: Boneless smoked pork leg Product Form: Fresh (8-10lbs) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#188 HAM NUGGETS</p>	<p>Description: Boneless smoked pork sirloin Product Form: Fresh (2-3lbs) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#189 SMOKED LEG HAM</p>	<p>Description: Bone-in smoked pork leg Product Form: Fresh Whole Ham (15-20lbs) Contains: Alberta Pork, Salt, Sugar, Sodium Phosphate, Carrageenan Gum, Hydrolyzed Soy Protein, Sodium Erythorbate, MSG Allergen Alert: SOY Cook Instructions: Cook to internal temperature of 160°F. Shelf Life: 4-6 weeks</p>

MISC.

Hamel's
MEAT MARKET

<p>SKU#192 WHOLE BOLOGNA</p>	<p>Description: Whole bologna Product Form: Fresh Whole Contains: Alberta Pork, Salt, Spice, Frankfurter Seasoning. Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#196 HAM LOAF</p>	<p>Description: 11b ham loaf Product Form: Fresh (11b) Contains: Alberta Pork, Salt, Sugar, Garlic Powder, Spice, MSG. Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#197 HAM & CHEESE LOAF</p>	<p>Description: 11b ham loaf with cheese Product Form: Fresh (11b) Contains: Alberta Pork, Cheese, Salt, Sugar, Garlic Powder, Spice, MSG. Allergen Alert: MILK Cook Instructions: Fully Cooked Shelf Life: 4-6 weeks</p>
<p>SKU#50 MEATBALLS (BEEF & PORK)</p>	<p>Description: Homestyle meatballs Product Form: Frozen Case Lot (2lbs, approx. 40 pieces) Contains: AA or Higher Alberta Beef, Alberta Pork, Soda Crackers, Eggs, Green Onions, Salt, Pepper. Allergen Alert: WHEAT & EGGS Cook Instructions: Cook to internal temperature of 165°F. Shelf Life: 6 months</p>

MISC.

Hamel's
MEAT MARKET

<p>SKU#51 MEATLOAF (BEEF & PORK)</p>	<p>Description: Homestyle meatloaf in foil pan Product Form: Frozen Tray (2lbs) Contains: AA or Higher Alberta Beef, Alberta Pork, Soda Crackers, Eggs, Green Onions, Salt, Pepper. Allergen Alert: WHEAT & EGGS Cook Instructions: Cook to internal temperature of 165°F. Shelf Life: 6 months</p>
<p>SKU#128 POTATO & CHEDDAR PEROGYS</p>	<p>Description: Premade perogies Product Form: Frozen Case Lot (3 bags of 20 pieces per bag) Contains: Enriched Wheat Flour, Fresh Potato, Water, Cheddar Cheese, Canola Oil, Salt, Annato Allergen Alert: WHEAT Cook Instructions: Cook to desired doneness Shelf Life: 12 months</p>
<p>SKU#135 BEAN & BACON TRAY (LARGE) Pre-Cooked</p>	<p>Description: Baked beans with smoked bacon in a foil try Product Form: Frozen Tray (1 tray) feeds 30-35 people Contains:, White Beans, Water, Sugar, Glucose, Brown Sugar, Tomato Paste, Salt, Pork, Modified Corn Starch, Spices, Bacon Allergen Alert: Cook Instructions: From thawed or frozen, warm to desired temperature Shelf Life:6 months <ul style="list-style-type: none"> • Bean & Bacon trays are fully cooked, heat times vary by oven </p>
<p>SKU#136 BEAN & BACON TRAY (SMALL) Pre-Cooked</p>	<p>Description: Baked beans with smoked bacon in a foil tray Product Form: Frozen Tray (1 tray) feeds 6-8 people Contains: White Beans, Water, Sugar, Glucose, Brown Sugar, Tomato Paste, Salt, Pork, Modified Corn Starch, Spices, Bacon Allergen Alert: Cook Instructions: From thawed or frozen, warm to desired temperature Shelf Life: 6 months <ul style="list-style-type: none"> • Bean & Bacon trays are fully cooked, heat times vary by oven </p>

MISC.



SKU#208
KUBI BURGERS

Description: Smoked garlic sausage formed into patties
Product Form: Fresh (6 per pkg, 4oz each)
Contains: AA or Higher Alberta Beef, Alberta Pork, Buttermilk Powder, Salt, Spice, Dextrose, Garlic Powder, MSG, Vegetable Oil
Allergen Alert: **MILK**
Cook Instructions: Fully Cooked
Shelf Life: 4-6 weeks

FRESH

Hamel's
MEAT MARKET

Boneless Ribeye (prime rib)	Description: Whole boneless ribeye Product Form: Fresh (avg 12-20lbs) Contains: AAA Alberta Beef Allergen Alert: Cook Instructions: Cook to desired doneness. Shelf Life: 4 weeks
Bone-In Ribeye (prime rib)	Description: Whole bone-in ribeye Product Form: Fresh (15-20lbs) Contains: AAA Alberta Beef Allergen Alert: Cook Instructions: Cook to desired doneness. Shelf Life: 4 weeks
Tomahawk Steaks	Description: Bone-in ribeye Product Form: Fresh (avg 2" thick) Contains: AAA Alberta Beef Allergen Alert: Cook Instructions: Cook to desired doneness. Shelf Life: 4 weeks
Short Loin (T-bone)	Description: Whole Short Loin Product Form: Fresh (avg 15-20lbs) Contains: AAA Alberta Beef Allergen Alert: Cook Instructions: Cook to desired doneness. Shelf Life: 4 weeks

FRESH

Hamel's
MEAT MARKET

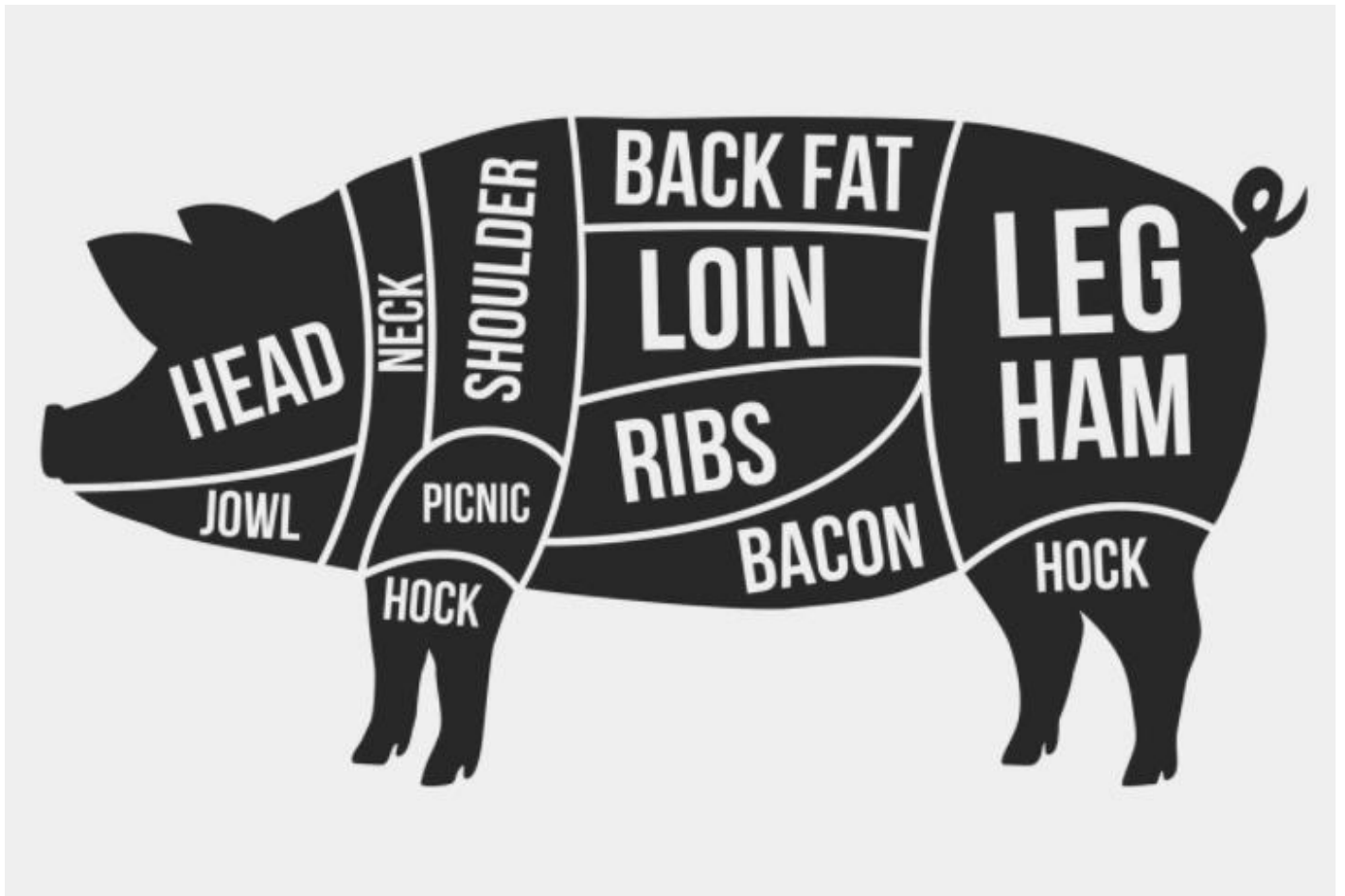
Striploin (New York)	Description: Boneless Short Loin Product Form: Fresh (10-15lbs) Contains: AAA Alberta Beef Allergen Alert: Cook Instructions: Cook to desired doneness. Shelf Life: 4 weeks
Beef Tenderloin	Description: Beef tenderloin Product Form: Fresh (avg 2-3lbs) Contains: AAA Alberta Beef Allergen Alert: Cook Instructions: Cook to desired doneness. Shelf Life: 4 weeks
Top Sirloin Butt	Description: Top sirloin muscle Product Form: Fresh (avg 10-15lbs) Contains: AAA Alberta Beef Allergen Alert: Cook Instructions: Cook to desired doneness. Shelf Life: 4 weeks
Eye of Round	Description: Eye of round cut Product Form: Fresh (6-9lbs) Contains: AAA Alberta Beef Allergen Alert: Cook Instructions: Cook to desired doneness. Shelf Life: 4 weeks
Bone-In Pork Loin	Description: Whole loin Product Form: Fresh (avg 15-20lbs) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to internal temperature of at least 145°F Shelf Life: 4 weeks

FRESH

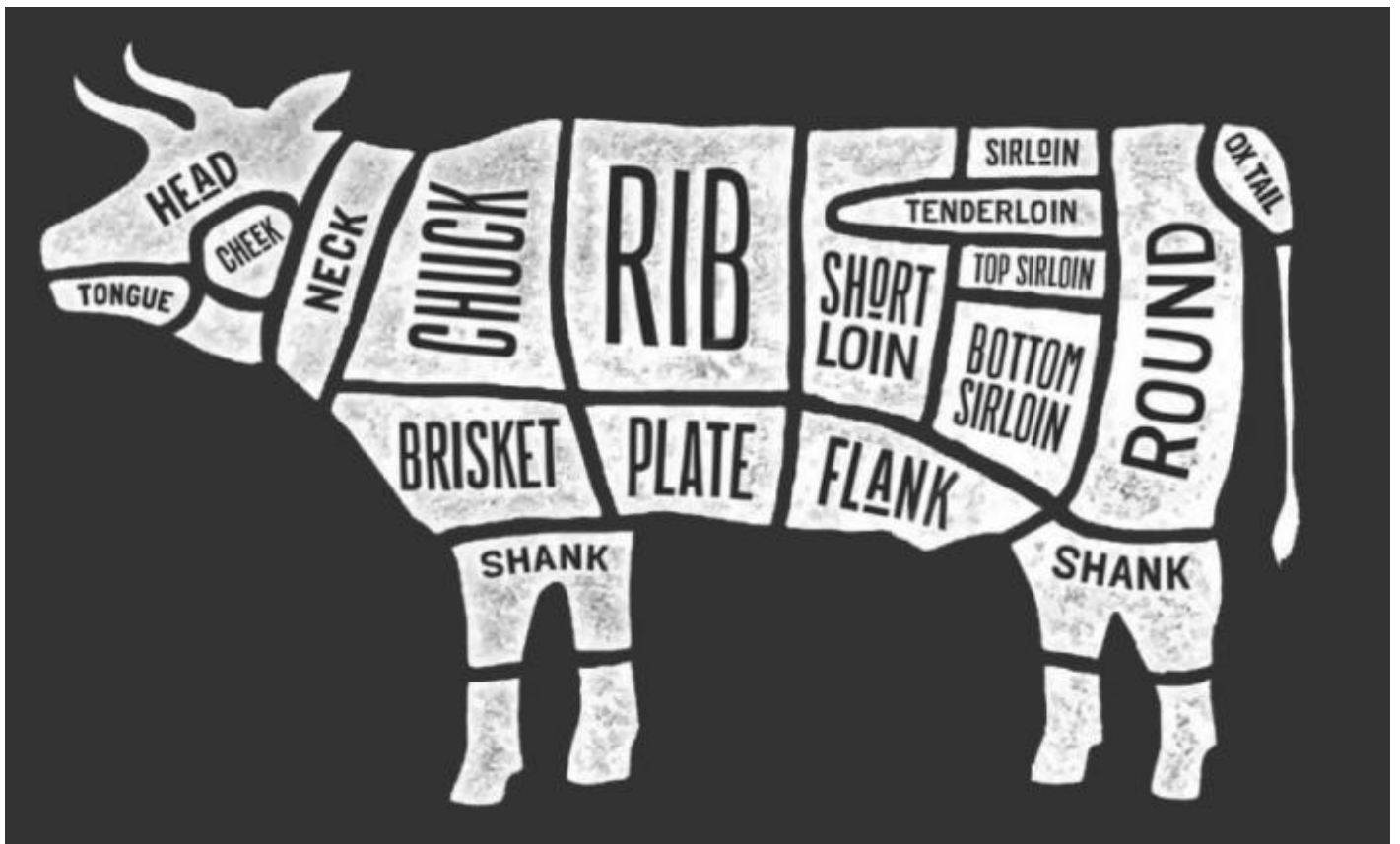
Hamel's
MEAT MARKET

Boneless Pork Loin	Description: Whole boneless loin Product Form: Fresh (10-15lbs) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to internal temperature of at least 145°F Shelf Life: 4 weeks
Pork Shoulder Butt	Description: Bone in or boneless shoulder Product Form: Fresh (8-10lbs) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to internal temperature of at least 145°F Shelf Life: 4 weeks
Pork Belly	Description: Rindless or rind on pork belly Product Form: Frozen rind on or rind off (avg 5-10lbs) Contains: Alberta Pork Allergen Alert: Cook Instructions: Cook to internal temperature of at least 145°F Shelf Life: 4 weeks

Cuts of Pork



Cuts of Beef



THE BUTCHER'S GUIDE

• CUTS OF CHICKEN •



